TRESTLE BIKE PARK
SUMMER 2026

CHAIRLIFTS

- **The Gondola** — For biking and hiking access
- **Olympia & Explorer chairlifts** — Bike transport only
- **Chairlifts closed for summer**
- **Resort boundary** — No services outside boundary

BIKE PARK TRAILS
DOWNHILL ONLY

FREERIDE		TECHNICAL
	EASIEST	
	DIFFICULT	
	MORE DIFFICULT	
	MOST DIFFICULT	
	EXTREMELY DIFFICULT — Experts Only	
	PRO LINE [RESTRICTED ACCESS] — Freeride Trail: Banana Peel. Separate pass required.	

XC & HIKING TRAILS
TWO-WAY TRAFFIC

- XO — EASIEST
- XC — DIFFICULT
- XD — MOST DIFFICULT
- HIKING ONLY

All XC bikers entering the bike park from outside the resort boundary must sign a Summer Passes and Activities waiver, and obtain an uphill pass if using the Summer Road Uphill Route, at Guest Services. A separate lift ticket or pass is required for lift access.

OTHER TRAILS

Fraser River Trail (multi-use paved trail)

Summer Road Uphill Route
To Sunspot: 1,700 ft. ascent, 3.23 miles
To Lunch Rock: 2,200 ft. ascent, 4.54 miles
You must sign a waiver and obtain your uphill pass before riding uphill.

PLEASE BE RESPECTFUL OF ALL TRAIL USERS

Not all trails are open to both user groups, please refer to the trail and progression map.

Please refer to the trail map and/or the hiking map for specific difficulty levels of hiking trails.

SERVICES

- Restroom
- Shelter
- Picnic Area
- Lodging
- Restaurant
- Bike School
- Water Available
- Bike Park Tickets
- Parking
- Wheelchair Accessible

OTHER

- Bridge
- First Aid
- Attention
- Leaving Resort
- Emergency Locator
- Expansion Area
- Caution! Vehicles — Bikes must stop at all road crossings and yield to vehicles

Unless noted otherwise, all trails are for biking downhill only.

Uphill riding is ONLY ALLOWED on cross country trails, and roads designated as trails, on the trail map, or where allowed by bike patrol and designated by signage. Most trails designated for hiking and cross-country biking traffic are multi-use two way traffic trails where you can expect some uphill sections in both directions. Please be respectful of all users. Riders who have signed a Summer Passes and Activities waiver may access trails open to the public before or after hours in accordance with the designated direction of trail, and in accordance with the rules set forth in the Summer Terrain Access Policy. Trails may be designated as closed on the Trestle Bike Park website or via a rope closure or closed sign. It is your responsibility to remain off closed trails. You must purchase a Trestle Bike Park lift ticket or season pass before accessing Trestle Bike Park Lifts. Expect to find jumps and features on all trails. Trails or lifts may be temporarily closed due to mountain pine beetle mitigation, special events, construction, trail maintenance or trail conditions. Please observe all posted signs and closures. Downhill biking on the road is prohibited, except where the road is designated on the map as two-way traffic, or where allowed by bike patrol and designated signage. Trails outside resort boundaries are two-way traffic and may allow motorized vehicles. Degree of difficulty ratings and symbols are relative to Winter Park Resort only. Trail riders may download with their bikes on the Explorer chairlift or Gondola. This map includes portions of trails that are adjacent to Winter Park Resort but outside resort boundaries. Winter Park Resort provides bike patrol support within Winter Park Resort boundaries only.

Due to fire danger, smoking is prohibited on-mountain, on chairlifts, in Gondola, in lift lines, and in Winter Park Resort facilities.

CAUTION! FALLING TREES AND LIMBS.
Not all trails are checked or cleared on a continual basis.
Notify bike patrol if you see an obstacle or hazard on the trail.
Look ahead and ride with a partner.

IN CASE OF AN EMERGENCY

Within resort boundaries: **Call 970.726.1480**
If outside resort boundaries or no answer: **Call 911**

RIDE SMART
SLOW DOWN BEFORE YOU SPEED UP

Crashes can happen on your first lap. Ride the trail multiple times to get familiar with the features and equipment you're on so you can more confidently increase your skills without exceeding your limits. **Jumping skills are required for freeride trails.**

- **PRE-RIDE** — Take time to warm up your brain and body by inspecting the trail at low speed
- **RE-RIDE** — Lap the trail a few times to get the hang of the flow of features
- **FREE-RIDE** — Start small and work your way up to faster speeds and larger features

Kiehl's Since 1851 · RENDEZVOUS COLORADO · SMITH · Supergoop! · TINCUP Mountain Whiskey · TOYOTA · TRUBAR

HIKE SMART
FIND A TRAIL

First step, find a trail that's open to hikers (indicated on the map with 🚶). For more information on hiking at the resort or in the area, visit winterparkresort.com/**hiking**

WATCH FOR BIKES

We're all out here having a good time! Some trails are open to hikers and bikers in both directions. Be aware of your surroundings and respect trail etiquette.

KEEP DOGS LEASHED

All four-legged friends must be on a leash at the resort. Keep bags on-hand to pick up after your pup.

Banana Peel - PRO LINE - SEPERATE PASS REQUIRED
Rainmaker - Five Points
Cruel and Unusual
BeeAllUCanBe
36th Chamber
Space Ape
Rainmaker - High Lonesome
No Quarter - Lower Rainmaker Escape
No Quarter - Zips
Rainmaker - Kendrick
Rainmaker - Top of Sunspot
Upper Boulevard - Cranmer Six-Pack
Upper Boulevard - Top of Sunspot
Lower Rainmaker
Boot Camp
Field Trip
Day Trip
Happier Camper
Space Force
Spicy Chicken
Wall Street
Free Speech
Paper Boy
Blue Crush
Jury Duty
Long Trail - Four Points
Long Trail - Zips
Shy Ann
Happy Camper
Diane
Long Trail - Five Points
Roly-Poly
Green Horn-It!

FREERIDE TRAILS are machine cut and contain man-made features. Routes are enhanced with dirt jumps, ride on features, gaps, narrow surfaces, wallrides, berms, and other natural or constructed features.

START HERE, AND WORK YOUR WAY UP

FREERIDE
TRAIL PROGRESSION
[DOWNHILL TRAILS]
TECHNICAL

START HERE, AND WORK YOUR WAY DOWN

TECHNICAL TRAILS are designed to embrace the rugged shape and terrain of the mountain. Routes are typically hand-built and feature organic obstacles such as rocks, roots, logs, drops, jumps, and other natural or constructed features.

*** THE SKILLS NECESSARY TO NAVIGATE ALL FREERIDE AND TECHNICAL TRAILS INCLUDE NEGOTIATING VARIABLE TERRAIN, INCLUDING JUMPS AND DROPS. EXPECT FREERIDE FEATURES ON TECHNICAL TRAILS, AND TECHNICAL FEATURES ON FREERIDE TRAILS.**

Lower Green World
Green World - Top of Olympia
Green World - Top of Sunspot
Green World - High Lonesome
Green World - Five Points
Green World - Zips
Blue World
Dyno Bones
Lower Boulevard
Double Jeopardy
Search and Seizure
Middle Boulevard
Bear Arms
Witness
Dirty Dozen
Trestle Downhill - Tater Patch
Trestle Downhill - Top of Sunspot
Trestle Downhill - Bridge
Trestle Downhill - Pipe Cut

[TWO WAY TRAFFIC TRAIL PROGRESSION]
Note that hiking is only permitted on designated trails. For more hiking trails grab an area hiking map.

XC TRAILS

START HERE, AND WORK YOUR WAY DOWN

Fraser River Trail
Tunnel Hill Road
Little Vasquez
Gunbarrel
Fantasy Meadow
Lower Roof of the Rockies
Summer Road Uphill Route
Tunnel Hill Trail
Upper Cherokee - Hiking access to and from Tunnel Hill Road only
Serenity
Upper Roof of the Rockies
Lower Arapahoe
Cross Country Revival
Eye To Eye

MOUNTAIN BIKERS RESPONSIBILITY CODE

Mountain biking involves the risk of serious injury or death. Your knowledge, decisions, and actions contribute to your safety and that of others.

STAY IN CONTROL
You are responsible for avoiding objects and people.

KNOW YOUR LIMITS
Ride within your ability. Start small and work your way up.

PROTECT YOURSELF
Use an appropriate bike, helmet, and protective equipment.

INSPECT AND MAINTAIN YOUR EQUIPMENT
Know your components and their operation prior to riding.

BE LIFT SMART
Know how to load, ride, and unload safely. Ask if you need help.

INSPECT THE TRAILS AND FEATURES
Conditions change constantly; plan and adjust your riding accordingly.

OBEY SIGNS AND WARNINGS
Stay on marked trails only. Keep off closed trails and features. Ride in the direction indicated.

BE VISIBLE
Do not stop where you obstruct a trail, feature, landing, or are not visible.

LOOK OUT FOR OTHERS
Look both ways and yield when entering or crossing a road or trail. When overtaking, use caution and yield to those ahead.

COOPERATE
If involved in or witness an incident, identify yourself to staff.

**KNOW AND FOLLOW THE CODE.
IT IS YOUR RESPONSIBILITY.**

For more information visit: skisafety.us/mountain-biking

MOUNTAIN WARNINGS & INFO

LIGHTNING AND THUNDERSTORMS
Inclement weather such as afternoon thunderstorms are common in the mountains. Seek shelter when you see a storm developing. Keep off ridgetops and stay clear of lift houses, lift towers, power lines, open ski runs, the tallest tree in the vicinity, fences, and signposts.

FIRE DANGER
Due to existing fire dangers, smoking is strictly prohibited on the mountain including on chairlifts, in buildings, and on decks.

CONSTRUCTION WARNING
Base area and mountain improvements and repairs are made during the summer months. Vehicles and equipment may be encountered at any time. Terrain, including but not limited to mountain road and trails, may be temporarily closed for construction. Please obey all signage and closures.

ADEQUATE CLOTHING
Be aware, the weather changes quickly here. There is usually at least a 10-degree temperature difference from the bottom to the top of the lifts. Rugged footwear for hiking is advised.

ENVIRONMENT
Please leave wildflowers for others to enjoy. The growing season is quite short at high altitude. Stay on designated hiking and biking trails to give the fragile ecosystem an opportunity to thrive. Be alert for wildlife and avoid wildlife encounters. All dogs must be on a leash at Winter Park Resort and in the Village.

WATER
Drinking water is available at Sunspot Mountaintop Lodge, Five Points, and the base of Winter Park. Don't drink from streams. Carry water with you while biking or hiking.

ALCOHOL/DRUGS
Anyone under the influence of alcohol or drugs is prohibited from riding lifts or participating in activities.

ALTITUDE HINTS
There is ~50% more ultraviolet radiation at 10,000 ft. than at sea level. Always wear eye and skin protection. Also, at 10,000 ft. the oxygen value is about two-thirds the value at sea level. People with respiratory or circulatory illness should consult a physician before coming to this altitude. Drink plenty of water when hiking or biking. Our high, dry air accelerates dehydration. Sunspot Mountaintop Lodge is at 10,700 ft. and trails go up from there. Take it easy! Pick up a flyer for information on altitude sickness at Guest Services.

DRONES
The use of any personal drones is strictly prohibited.

MOUNTAIN BIKING
All bike park users must sign a Summer Passes & Activities waiver to access Trestle Bike Park. You must purchase a Trestle Bike Park lift ticket or season pass before accessing Trestle Bike Park lifts. Mountain biking is different than road or street riding and is confined to marked unimproved or partially improved trails where rocks, dirt, loose gravel, stumps, and trees may be encountered at any time. Changing weather and changing trail conditions, variations in terrain including but not limited to steepness, trail erosion, and braking bumps, natural and man-made obstacles and features, and other dangers and conditions that may be encountered, such as vehicles on the mountain, are inherent risks that are part of the challenge of mountain biking. Be aware that trees live or dead can blow over during wind events. Watch for and avoid trees or branches that may have fallen on mountain bike trails. Riding trails under construction is dangerous and strictly prohibited. Expect jumps and features on most trails. Inspect each feature before using. Do not stop where you obstruct a trail or are not visible from above or to other riders. Wooden features and trails become slippery when wet. You control the degree of risk when using the jumps and features. Ride-arounds may be available. Features can change due to use, weather or maintenance. You must ride in control and within your own ability. Expect and yield to riders going at different speeds than yourself. Announce your presence when approaching other riders. You are using these premises at your own risk, and assume all risks in this activity. Helmets must be worn when riding at Winter Park Resort. Trestle Bike Park is designed for downhill biking and should be enjoyed with appropriate equipment and protective gear. Bike park trails are designed for freeride/downhill full suspension bikes. Lower your seat and stand on the pedals for safety. Use of jumps, features, and airborne maneuvers can cause equipment failure and can significantly increase the risk of serious injury. Read and obey all signs. Downhill biking on the road is prohibited, except where the road is designated on the map as two-way traffic, or where allowed by bike patrol and designated by signage. Human powered mountain bikes, human assisted Class 1 E-bikes, and certain adaptive equipment are allowed. For more information, visit trestlebikepark.com.

IN CASE OF INCIDENT
If you are reporting within resort boundaries from a cellular phone, call 970.726.1480.
If no one answers, call 911. Cell phone coverage may be limited.

CO TREX

Download on the App Store · GET IT ON Google Play

TRAILS.COLORADO.GOV

The Colorado Trails Explorer (COTREX) is a FREE web and mobile trails application utilizing over 45,000 miles of public trails in Colorado.

DOWNLOAD A DIGITAL MAP
TRESTLEBIKEPARK.COM/MAP

TICKETS & PASSES
TRESTLEBIKEPARK.COM/TICKETS