

TRESTLE BIKE PARK

SUMMER 2025

CHAIRLIFTS

- The Gondola**
For biking and hiking access
- Olympia & Explorer chairlifts**
Bike transport only
- Chairlifts closed for summer**
- Resort boundary**
No services outside boundary

BIKE PARK TRAILS

DOWNHILL ONLY

FREERIDE		TECHNICAL
	EASIEST	
	DIFFICULT	
	MORE DIFFICULT	
	MOST DIFFICULT	
	EXTREMELY DIFFICULT	
	PRO LINE [RESTRICTED ACCESS] Freeride Trail, Banana Peel, Separate pass required.	

XC & HIKING TRAILS

TWO-WAY TRAFFIC

	EASIEST	
	DIFFICULT	
	MOST DIFFICULT	
	HIKING ONLY	

All XC bikers entering the bike park from outside the resort boundary must sign a Summer Passes and Activities waiver, and obtain an uphill pass if using the Summer Road Uphill Route, at Guest Services. A separate lift ticket or pass is required for lift access.

OTHER TRAILS

- Fraser River Trail** (Multi-use paved trail)
- Summer Road Uphill Route**
To Sunspot: 1324' ascent, 3.23 miles
To Lunch Rock: 1744' ascent, 4.54 miles
You must sign a waiver and obtain your uphill pass before riding uphill.

PLEASE BE RESPECTFUL OF ALL TRAIL USERS
Not all trails are open to both user groups, please refer to the trail and progression map.

Please refer to the trail map and/or the hiking map for specific difficulty levels of hiking trails.

SERVICES

- Restroom
- Shelter
- Picnic Area
- Lodging
- Restaurant
- Bike School
- Water Available
- Bike Park Tickets
- Parking
- Wheelchair Accessible

OTHER

- Bridge
- Emergency Locator
- First Aid
- Expansion Area
- Attention
- Caution! Vehicles
Bikes must stop at all road crossings and yield to vehicles
- Leaving Resort

Unless noted otherwise, all trails are for biking downhill only.

Uphill riding is **ONLY ALLOWED** on cross country trails, and roads designated as trails, on the trail map, or where allowed by bike patrol and designated by signage. Most trails designated for hiking and cross-country biking traffic are multi-use two-way traffic trails where you can expect some uphill sections in both directions. Please be respectful of all users. Riders who have signed a Summer Passes and Activities waiver may access trails open to the public before or after hours in accordance with the designated direction of trail, and in accordance with the rules set forth in the Summer Trail Access Policy. Trails may be designated as closed on the Trestle Bike Park website or via a rope closure or closed sign. It is your responsibility to remain off closed trails. You must purchase a Trestle Bike Park lift ticket or season pass before accessing Trestle Bike Park lifts. Expect to find jumps and features on all trails. Trails or lifts may be temporarily closed due to mountain pine beetle mitigation, special events, construction, trail maintenance or trail conditions. Please observe all posted signs and closures. Downhill biking on the road is prohibited, except where the road is designated on the map as two-way traffic, or where allowed by bike patrol and designated by signage. Trails outside resort boundaries are two-way traffic and may allow motorized vehicles. Degree of difficulty ratings and symbols are relative to Winter Park Resort only. Trail riders may download with their bikes on the Explorer chairlift or Gondola. This map includes portions of trails that are adjacent to Winter Park Resort but outside resort boundaries. Winter Park Resort provides Bike Patrol support within Winter Park Resort boundaries only.

Due to fire danger, smoking is prohibited on-mountain, on chairlifts, in lift lines and in Winter Park Resort facilities.

CAUTION! FALLING TREES AND LIMBS.
Not all trails are checked or cleared on a continual basis. Notify bike patrol if you see an obstacle or hazard on the trail. Look ahead and ride with a partner.

IN CASE OF AN EMERGENCY

Within resort boundaries:
Call 970.726.1480
If outside resort boundaries or no answer: **Call 911**

RIDE SMART

SLOW DOWN BEFORE YOU SPEED UP

Crashes can happen on your first lap. Ride the trail multiple times to get familiar with the features and equipment so you can increase your skills without exceeding your limits. Jumping skills are required for freeride trails.

PRE-RIDE

Take time to warm up your brain and body by inspecting the trail at low speed

RE-RIDE

Lap the trail a few times to get the hang of the flow of features

FREE-RIDE

Start small and work your way up to faster speeds and larger features

HIKE SMART

FIND A TRAIL

First step, find a trail that's open to hikers (indicated on the map with). For more information on hiking at the resort or in the area, visit winterparkresort.com/hiking

WATCH FOR BIKES

We're all out here having a good time! Some trails are open to hikers and bikers in both directions. Be aware of your surroundings and respect trail etiquette.

KEEP DOGS LEASHED

All four-legged friends must be on a leash at the resort. Keep bags on-hand to pick up after your pup.



- Banana Peel - PRO LINE - SEPARATE PASS REQUIRED
- Rainmaker - Five Points
- Cruel and Unusual
- BeeAllICanBe
- 36th Chamber
- Space Ape
- Rainmaker - High Lonesome
- No Quarter - Lower Rainmaker Escape
- No Quarter - Zips
- Rainmaker - Kendrick
- Rainmaker - Top of Sunspot
- Upper Boulevard - Cranmer Six-Pack
- Upper Boulevard - Top of Sunspot
- Lower Rainmaker
- Boot Camp
- Field Trip
- Day Trip
- Happier Camper
- Space Force
- Spicy Chicken
- Wall Street
- Free Speech
- Paper Boy
- Blue Crush
- Long Trail - Four Points
- Long Trail - Zips
- Shy Ann
- Happy Camper
- Diane
- Long Trail - Five Points
- Roly-Poly
- Green Horn-It!

FREERIDE TRAILS are machine-cut and contain man-made features. Routes are enhanced with dirt jumps, rolls on features, duck, wheelie, tailwhips, wallrides, berms, and other natural or constructed features.

START HERE, AND WORK YOUR WAY UP

FREERIDE TRAIL PROGRESSION

[DOWNHILL TRAILS]

TECHNICAL

START HERE, AND WORK YOUR WAY DOWN

TECHNICAL TRAILS are designed to embrace the rugged shape and terrain of the mountain. Routes are typically hand-built and feature organic obstacles such as rocks, roots, logs, sharp jumps, and other natural or constructed features.

***THE SKILLS NECESSARY TO NAVIGATE ALL FREERIDE AND TECHNICAL TRAILS INCLUDE NEGOTIATING VARIOUS TERRAIN, INCLUDING JUMPS AND BIRDS. EXPECT FREERIDE FEATURES ON TECHNICAL TRAILS, AND TECHNICAL FEATURES ON FREERIDE TRAILS.**

- Lower Green World
- Green World - Top of Olympia
- Green World - Top of Sunspot
- Green World - High Lonesome
- Green World - Five Points
- Green World - Zips
- Blue World
- Dyno Bones
- Lower Boulevard
- Double Jeopardy
- Search and Seizure
- Middle Boulevard
- Bear Arms
- Witness
- Dirty Dozen
- Trestle Downhill - Tater Patch
- Trestle Downhill - Top of Sunspot
- Trestle Downhill - Bridge
- Trestle Downhill - Pipe Cut

[TWO WAY TRAFFIC TRAIL PROGRESSION]

Note that hiking is only permitted on designated trails. For more hiking trails grab an area hiking map.

XC TRAILS

START HERE, AND WORK YOUR WAY DOWN

- Fraser River Trail
- Tunnel Hill Road
- Little Vasquez
- Gunbarrel
- Fantasy Meadow
- Lower Roof of the Rockies
- Summer Road Uphill Route
- Tunnel Hill Trail
- Upper Cherokee - Hiking access to and from Tunnel Hill Road only
- Serenity
- Upper Roof of the Rockies
- Lower Arapahoe
- Cross Country Revival
- Eye To Eye

MOUNTAIN BIKERS RESPONSIBILITY CODE

Mountain biking involves the risk of serious injury or death. Your knowledge, decisions, and actions contribute to your safety and that of others.

STAY IN CONTROL

You are responsible for avoiding objects and people.

KNOW YOUR LIMITS

Ride within your ability. Start small and work your way up.

PROTECT YOURSELF

Use an appropriate bike, helmet, and protective equipment.

INSPECT AND MAINTAIN YOUR EQUIPMENT

Know your components and their operation prior to riding.

BE LIFT SMART

Know how to load, ride, and unload safely. Ask if you need help.

INSPECT THE TRAILS AND FEATURES

Conditions change constantly; plan and adjust your riding accordingly.

OBEY SIGNS AND WARNINGS

Stay on marked trails only. Keep off closed trails and features. Ride in the direction indicated.

BE VISIBLE

Do not stop where you obstruct a trail, feature, landing, or are not visible.

LOOK OUT FOR OTHERS

Look both ways and yield when entering or crossing a road or trail. When overtaking, use caution and yield to those ahead.

COOPERATE

If involved in or witness an incident, identify yourself to staff.

KNOW AND FOLLOW THE CODE. IT IS YOUR RESPONSIBILITY.

MOUNTAIN WARNINGS & INFO

LIGHTNING AND THUNDERSTORMS

Inclement weather such as afternoon thunderstorms are common in the mountains. Seek shelter when you see a storm developing. Keep off ridgelines and stay clear of lift houses, lift towers, power lines, open ski runs, the tallest tree in the vicinity, fences, and signposts.

FIRE DANGER

Due to existing fire dangers, smoking is strictly prohibited on the mountain including on chairlifts, in buildings, and on decks.

CONSTRUCTION WARNING

Base area and mountain improvements and repairs are made during the summer months. Vehicles and equipment may be encountered at any time. Terrain, including but not limited to mountain road and trails, may be temporarily closed for construction. Please obey all signage and closures.

ADEQUATE CLOTHING

Be aware, the weather changes quickly here. There is usually at least a 10-degree temperature difference from the bottom to the top of the lifts. Rugged footwear for hiking is advised.

ENVIRONMENT

Please leave wildflowers for others to enjoy. The growing season is quite short at high altitude. Stay on designated hiking and biking trails to give the fragile ecosystem an opportunity to thrive. Be alert for wildlife and avoid wildlife encounters. All dogs must be on a leash at Winter Park Resort and in the Village.

WATER

Drinking water is available at Sunspot Mountaintop Lodge, Five Points, and the base of Winter Park. Don't drink from streams. Carry water with you while biking or hiking.

ALCOHOL/DRUGS

Be aware, the influence of alcohol or drugs is prohibited from riding lifts or participating in activities.

ALTITUDE HINTS

There is ~50% more ultraviolet radiation at 10,000 ft. than at sea level. Always wear eye and skin protection. Also, at 10,000 ft. the oxygen value is about two-thirds the value at sea level. People with respiratory or circulatory illness should consult a physician before coming to this altitude. Drink plenty of water when hiking or biking. Our high, dry air accelerates dehydration. Sunspot Mountaintop Lodge is at 10,000 ft. and trails go up from there. Take it easy! Pick up a flyer for information on altitude sickness at Guest Services.

DRONES

The use of any personal drones is strictly prohibited.

MOUNTAIN BIKING

All bike park users must sign a Summer Passes & Activities waiver to access Trestle Bike Park. You must purchase a Trestle Bike Park lift ticket or season pass before accessing Trestle Bike Park lifts. Mountain biking is different than road or street riding and is confined to marked unimproved or partially improved trails where rocks, dirt, loose gravel, stumps, and trees may be encountered at any time. Changing weather and changing trail conditions, variations in terrain including but not limited to steepness, trail erosion, and braking bumps, natural and man-made obstacles and features, and other dangers and conditions that may be encountered, such as vehicles on the mountain, are inherent risks that are part of the challenge of mountain biking. Be aware that trees live or dead can blow over during wind events. Watch for and avoid trees or branches that may have fallen on mountain bike trails. Riding trails under construction is dangerous and strictly prohibited. Expect jumps and features on most trails. Inspect each feature before using. Do not stop where you obstruct a trail or are not visible from above or to other riders. Wooden features and trails become slippery when wet. You control the degree of risk when using the jumps and features. Ride-arounds may be available. Features can change due to use, weather or maintenance. You must ride in control and within your own ability. Expect and yield to riders going at different speeds than yourself. Announce your presence when approaching other riders. You are using these premises at your own risk, and assume all risks in this activity. Helmets must be worn when riding at Winter Park Resort. Trestle Bike Park is designed for downhill biking and should be enjoyed with appropriate equipment and protective gear. Bike park trails are designed for freeride/downhill full suspension bikes. Lower your seat and stand on the pedals for safety. Use of jumps, features, and airborne maneuvers can cause equipment failure and can significantly increase the risk of serious injury. Read and obey all signs. Downhill biking on the road is prohibited, except where the road is designated on the map as two-way traffic, or where allowed by bike patrol and designated by signage. Human powered mountain bikes, human assisted Class E-bikes, and certain adaptive equipment are allowed. For more information, visit trestlebikepark.com.

IN CASE OF INCIDENT
If you are reporting within resort boundaries from a cellular phone, call 970.726.1480. If no one answers, call 911. Cell phone coverage may be limited.

CO TREX

Download on the App Store

GET IT ON Google Play

TRAILS.COLORADO.GOV

The Colorado Trails Explorer (COTREX) is a FREE web and mobile trails application utilizing over 45,000 miles of public trails in Colorado.

DOWNLOAD A DIGITAL MAP

TRESTLEBIKEPARK.COM/MAP

TICKETS & PASSES

TRESTLEBIKEPARK.COM/TICKETS